



## Recommended Cleaning, Decontamination, Care, Handling, and Sterilization Instructions for ChoiceSpine Instrumentation



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USA

### How Supplied:



The instruments are provided clean but non-sterile and must be sterilized prior to use. Instruments can be reprocessed using the recommended cleaning instructions.

### Cleaning and Decontamination:

All instruments must first be cleaned using methods recommended in this document or established hospital methods before sterilization and introduction into a sterile surgical field. Additionally, all instruments that have been previously taken into a sterile surgical field must first be decontaminated and cleaned using methods recommended in this document or established hospital methods before sterilization and reintroduction into a sterile surgical field. Cleaning and decontamination can include the use of neutral cleaners followed by a deionized water rinse.

**Note:** Certain cleaning solutions such as those containing formalin, glutaraldehyde, bleach and/or alkaline cleaners may damage some devices, particularly instruments; these solutions should not be used.

These devices are packaged in a convenience caddy/case. All devices must be removed from the case, inspected and cleaned via one of the appropriate methods below. Where applicable, instruments should be disassembled prior to cleaning and reassembled prior to sterilization. All devices must be placed back into the caddy and case prior to steam sterilization.

### Recommended Cleaning

The terms "Steris 444", "Enzol<sup>®</sup>" and "Prolystica<sup>®</sup>" are tradenames of ultrasonic equipment and detergents utilized in the recommended cleaning instructions. Any ultrasonic washer or equivalent ultrasonic detergent can be utilized when used in accordance to the manufacturer's instructions and labeling. When appropriate, disassemble instruments prior to cleaning.

### Automated Cleaning

- Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through and around cracks, crevices, and hard to reach areas.
- Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, and hard to reach areas.
- Transfer instrument(s) into a STERIS 444 washer with the following parameters. Incline the instrument(s) to assist in drainage. Motor speed: High

Phase	Time (min)	Temperature	Detergent
Pre-Wash 1	1:00	Cold Tap Water	N/A
Enzyme Wash	1:00	Hot Tap Water	Enzol <sup>®</sup> at 1 oz per 1 gal water
Wash 1	2:00	60°C	Prolystica <sup>®</sup> 2x Conc. Neutral at 1/8 oz per 1 gal water
Rinse 1	1:00	Hot Tap Water	N/A
Drying	7:00	115°C	N/A

- Remove instrument(s) from washer & visually inspect for soil. Repeat if necessary.

### Mechanical Cleaning (Ultrasonic)

- Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through and around cracks, crevices, and hard to reach areas.
- Prepare Enzol<sup>®</sup> solution of one (1) ounce per one (1) gallon of warm tap water (< 55 °C).
- Fully immerse instrument(s) in the detergent for at least one (1) minute.
- Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, and hard to reach areas.
- Use a sterile syringe to flush detergent through and around cracks, crevices, and hard to reach areas.
- Remove instrument(s) from detergent and rinse with cool tap water (< 35°C) for at least one (1) minute.
- Prepare the ultrasonic cleaner with an Enzol<sup>®</sup> solution of one (1) ounce per one (1) gallon of warm tap water (< 55°C).
- Load instrument(s) into the cleaner and sonicate for ten (10) minutes.
- Remove instrument(s) from cleaner and thoroughly rinse using reverse osmosis/deionized (RO/DI) water for at least one (1) minute.
- Dry instrument(s) using a clean, soft towel and filtered, pressurized air (20 psi).
- Visually inspect for soil. Repeat if necessary.

### Manual Cleaning

- Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through and around cracks, crevices, and hard to reach areas.
- Prepare Enzol<sup>®</sup> solution of one (1) ounce per one (1) gallon of warm tap water (< 55 °C).
- Fully immerse instrument(s) in the detergent for at least one (1) minute.
- Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, and hard to reach areas.
- Use a sterile syringe to flush detergent through and around cracks, crevices, and hard to reach areas.
- Remove instrument(s) from detergent and thoroughly rinse with reverse osmosis/deionized (RO/DI) water for at least one (1) minute. Use a sterile syringe to aid in rinsing.
- Dry instrument(s) using a clean, soft cloth and filtered, pressurized air (20 psi).
- Visually inspect for soil. Repeat if necessary.

### Care and Handling:

- All products should be treated with care. Improper use and handling may lead to damage and possible improper functioning of the device.

- Refer to ASTM standard F1744-96, "Standard Guide for Care and Handling of Stainless Steel Surgical Instruments" for additional information.
- Before use, instruments should be visually inspected, and function should be tested to ensure instruments are functioning properly. If instruments are discolored, have loose screws/pins, are out of alignment, cracked, show excessive wear, or have other irregularities, DO NOT use.
- Lubricate instruments to protect instruments during sterilization and storage. This should be done with a water soluble, preserved lubricant after each cleaning. The lubricant should contain a chemical preservative to prevent bacterial growth and be made with distilled water. Excess lubricant should be wiped off prior to storage and sterilization.

### Sterilization:

ChoiceSpine instruments are provided non-sterile and must be sterilized prior to use. All packaging materials must be removed prior to sterilization. Instruments are recommended to be steam sterilized by the hospital using the following process parameters:

**Steam Sterilizer Type: Pre-vacuum**

**Temperature: 132°C**

**Duration: 4 minutes**

**Drying Time: 40 minutes**

All devices are to be wrapped in two layers of 1-ply polypropylene wrap (Kimguard KC600 or equivalent) using various wrapping techniques per ANSI/AAMI ST79.

This steam sterilization cycle is not considered by the FDA to be a standard sterilization cycle. It is the end user's responsibility to use only sterilizers and accessories (such as sterilization wraps or pouches, chemical or biological indicators, and sterilization cassettes) that have been cleared by the FDA for the sterilization cycle specifications (time and temperature). Alternative sterilization methods or cycles may be used but should be validated according to hospital practices and procedures.

### Limitations and Restrictions:

Repeated sterilization according to these instructions has a minimal effect on ChoiceSpine devices. Sterilization equipment varies in performance characteristics and must be validated accordingly. The sterilizing facility is responsible for the routine validation and monitoring of all equipment, materials and personnel used in their facility to ensure the desired results are achieved. These instructions have been validated as being capable of sterilizing these ChoiceSpine instruments. Any deviations from these procedures must be evaluated for efficacy by the sterilizing facility.

### Product Complaints:

Any dissatisfaction with the product quality, labeling, or performance should be reported to ChoiceSpine immediately by the customer or health care provider. Furthermore, ChoiceSpine should be notified immediately of an implant malfunction by telephone, fax, or written correspondence. When filing a complaint, the name, part number, and lot number of the part should be provided along with the name and address of the person filing the complaint.

Some components may not be currently available. Please contact your ChoiceSpine representative for additional information. The products discussed herein may be available under different trademarks in different countries. All copyrights and pending and registered trademarks are property of ChoiceSpine. For more information on a specific product or trademark, please contact your local ChoiceSpine representative.

### Caution:

Federal Law (USA) restricts this device to sale by or on the order of a physician.

### Information:

See [choicespine.com](http://choicespine.com) for more information.

See [choicespine.com/patents/](http://choicespine.com/patents/) for patent information

### Surgical Technique Manual:

The applicable ChoiceSpine Surgical Technique Manual is available by contacting ChoiceSpine Customer Service.

### For product complaints please contact:

ChoiceSpine, LLC  
Quality/Regulatory Department  
400 Erin Drive Knoxville, TN 37919  
Phone: 865-246-3333; fax: 865-588-4045

### For additional product information please contact:

ChoiceSpine, LLC  
Customer Service Department  
400 Erin Drive Knoxville, TN 37919  
Phone: 865-246-3333; fax: 865-588-4045  
[customerservice@choicespine.com](mailto:customerservice@choicespine.com)

### Symbol Legend:

Symbol	Definition
	Do not reuse
	Caution, consult instructions for use for warnings and precautions
	Consult instructions for use
	Do not use if package is damaged
	Lot number
	Reference number
	Serial Number
	Sterilized by irradiation
	Use by
	Manufacturer
	Date of Manufacture
	Federal law (USA) restricts this device to sale by or on the order of a physician
	Non-Sterile
	European Medical Devices
	Authorized representative in the European Community