

## Triton™ Sacroiliac Joint Fixation System

### Instructions for Use



#### Description:

The Triton™ Sacroiliac Joint Fixation System is a multiple component system consisting of non-sterile instruments and sterile, cannulated Ø8mm, Ø12mm and Ø14mm Screws offered in multiple lengths. The Triton SI Screws are manufactured from medical-grade titanium alloy (Ti-6Al-4V ELI) per ASTM F3001, Class C. The implants feature 3 fluted channels for bone collection and a tapered proximal tip. The Ø12mm and Ø14mm Screws feature multiple open and porous-filled windows for packing and disbursement of autograft and allograft materials.

#### Indications for Use:

The Triton™ Sacroiliac Joint Fixation System is intended for fixation of sacroiliac joint disruptions, and intended for the sacroiliac joint fusion for conditions including;

- Sacroiliac joint disruptions
- Degenerative sacroiliitis
- To augment immobilization and stabilization of the sacroiliac joint in skeletally mature patients undergoing sacropelvic fixation as part of a lumbar or thoracolumbar fusion and
- Acute, non-acute, and non-traumatic fractures involving the sacroiliac joint.

#### Contraindications:

Contraindications include, but are not limited to:

- Open wounds, infection, presence of tumor, pregnancy, osteoporosis, certain metabolic disorders affecting osteogenesis, certain inflammatory/neuromuscular conditions, and certain neuromuscular deficits which would place an unusually heavy load on the device during the healing period.
- The implant is made from Ti-6Al-4V ELI (medical-grade titanium alloy). The fixation implant is contraindicated in any individual with a known or suspected allergy, sensitivity, or intolerance to metal.

#### Warnings and Precautions:

1. The devices should only be used by healthcare professionals who have been trained in the use of this device. Information on laboratory and clinical training, as well as additional brochures with a detailed description of proper surgical technique, may be obtained from ChoiceSpine. See the Triton™ Sacroiliac Joint Fixation System Surgical Technique Guide for instructions on the implant procedure.
2. Infection may occur immediately following implant fixation, fusion, or a long time afterwards due to transient bacteremia such as caused by dental treatment(s), endoscopic examination or any other minor surgical procedure. To avoid infection at the implant fixation, or fusion site, it may be advisable to use antibiotic prophylaxis before and/or after such procedures.
3. Women of childbearing potential should be cautioned that vaginal delivery of a fetus may not be advisable following SI joint fixation and/or fusion. If pregnancy occurs, the woman should review delivery options with her obstetrician.
4. If the screw has been in place for a sufficient amount of time for bone to have grown into the screw, removal may not be feasible.
5. Do not reuse implants; discard used, damaged, or otherwise suspect implants.
6. Single use only. Reuse of devices labeled as single use (implants, pins, etc.) could result in injury or reoperation due to breakage or infection.
7. All implants are intended for SINGLE USE ONLY. Any used implant should be discarded. Even though the device may appear undamaged, it may have small defects and internal stress patterns that may lead to fatigue failure.
8. The safety, efficacy and performance of the system have been established for conditions in which the system is used as intended and when used as identified in the Indications for Use. Performance of the system has not been evaluated for use that is contrary to the intended use, indications for use or for use that is contraindicated. Failure to use the system as indicated could detrimentally affect the performance of its components.
9. The Triton™ Sacroiliac Joint Fixation System has not been evaluated for safety and compatibility in the MR environment. The Triton™ Sacroiliac Joint Fixation System has not been tested for heating, migration, or image artifact in the MR environment. The safety of the Triton™ Sacroiliac Joint Fixation System in the MR environment is unknown. Scanning a patient who has this device may result in patient injury.

#### Possible Adverse Effects:

The potential risks identified with the use of this system, which may require additional surgery include:

- Allergic reaction or metal sensitivity to foreign body
- Cardiovascular system compromise
- Death
- Decrease in bone density due to stress shielding
- Device bending, disassembly, fracture, loosening, migration and/or retropulsion, or subsidence
- Dural tears, neural structure injury
- Implant migration with or without bone fracture
- Fracture of pelvis or sacrum
- Gastrointestinal complications (i.e., ileus or bowel perforation)
- Hemorrhage
- Incisional complications (i.e., dehiscence, hematoma)
- Infection (incisional or implant site)
- Loss of spinal mobility or function
- Malfunction of fixation device and/or instruments
- Malposition of the fixation device
- Neurological injury/deficit which may range from paresthesias to muscle paralysis, loss of rectal or bladder sphincter control, radiculopathies
- Organ, connective tissue or nerve damage
- Pain, discomfort or abnormal sensation due to device presence
- Persistent low back pain
- Reproductive system compromise
- Screw back-out or breakage possibly leading to local pain, perforation or irritation of adjacent structures.
- Sepsis
- Urological compromise (i.e., infection/retention)
- Vascular injury
- Failure to osseointegrate

#### Single Use Only:

Never reuse an implant. Any implant that has been twisted, bent, or implanted, then removed, even if it appears intact, must be discarded. These devices are provided as single use only.

#### Storage and Handling:

Implants should be stored in their original, sealed packaging in clean, dry conditions. The packaging should not be exposed to direct sunlight, ionizing radiation, extreme temperatures, or particulate contamination. In order to ensure sterility, implants must be used before the end of the expiration date indicated on the outer package label. Prior to use, inspect the packaging and labeling for integrity. If the device has been opened, damaged or adulterated in any way, it must not be used. In order to ensure sterility, please observe aseptic surgical procedures when removing the implant from its packaging.

#### How Supplied:

**STERILE R** The Triton™ Sacroiliac Joint Fixation System implants are supplied “STERILE” (gamma radiation) with a SAL of 10<sup>-6</sup> and intended for single use only. The sterility can only be assured if the packaging is intact. Do not use this device if the sterile packaging has been opened or damaged. Contact your local sales representative or distributor for replacement. Remove all packaging material prior to use. Only sterile implants should be used in surgery.

**NON-STERILE** The Triton™ Sacroiliac Joint Fixation System instruments are provided clean but non-sterile and must be sterilized prior to use. Instruments can be reprocessed using the recommended cleaning instructions.

#### Cleaning and Decontamination:

All instruments are supplied to the health care facility clean but non-sterile. Implants are single use only but need to be sterilized before each use. Additionally, all instruments that have been previously taken into a sterile surgical field must first be decontaminated and cleaned using established hospital methods before sterilization and reintroduction into a sterile surgical field. Cleaning and disinfecting of instruments can be accomplished by using alkali aldehyde-free solvents at high temperatures. Cleaning and decontamination can include the use of neutral cleaners followed by a deionized water rinse.

**Note:** Certain cleaning solutions such as those containing formalin, glutaraldehyde, bleach and/or alkaline cleaners may damage some devices, particularly instruments; these solutions should not be used.

The instruments are packaged in a convenience caddy/case. All devices must be removed from the case, inspected and cleaned via one of the appropriate methods below. Where applicable, instruments should be disassembled prior to cleaning and reassembled prior to sterilization. All devices must be placed back into the caddy and case prior to steam sterilization.

All products should be treated with care. Improper use and handling may lead to damage and possible improper functioning of the device.

**Caution:** Delays in reprocessing and prompt removal of soil on a device could create conditions favorable to microbial growth, which may increase the challenge to subsequent steps such as cleaning and disinfection/sterilization. Organic contamination may inactivate or prevent full penetration of a disinfectant or sterilant.

#### Recommended Cleaning:

The terms “Steris 444”, “Enzol” and “Prolystica” are tradenames of ultrasonic equipment and detergents utilized on the recommended cleaning instructions. Any ultrasonic washer or equivalent ultrasonic detergent can be utilized when used in accordance to the manufacturer’s instructions and labeling. When appropriate, disassemble instruments prior to cleaning.

#### Automated Cleaning:

1. Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through and around cracks, crevices, and hard to reach areas.
2. Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, and hard to areas.
3. Transfer instrument(s) into a STERIS 444 washer with the following parameters. Incline the instrument(s) to assist in drainage. Motor speed: High

Phase	Time (min)	Temperature	Detergent
Pre-Wash 1	1:00	Cold Tap Water	N/A
Enzyme Wash	1:00	Hot Tap Water	Enzol® at 1 oz per 1 gal water
Wash 1	2:00	60°C	Prolystica® 2x Conc. Neutral at 1/8 oz per 1 gal water
Rinse 1	1:00	Hot Tap Water	N/A
Drying	7:00	115°C	N/A

4. Remove instrument(s) from washer & visually inspect for soil. Repeat if necessary.

#### Mechanical Cleaning (Ultrasonic):

1. Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through & around cracks, crevices, & hard to reach areas.
2. Prepare Enzol® solution of one (1) ounce per one (1) gallon of warm tap water (< 55 °C).
3. Fully immerse instrument(s) in the detergent for at least one (1) minute.
4. Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, & hard to reach areas.
5. Use a sterile syringe to flush detergent through & around cracks, crevices, & hard to reach areas.
6. Remove instrument(s) from detergent & rinse with cool tap water (< 35°C) for at least one (1) minute.
7. Prepare the ultrasonic cleaner with an Enzol® solution of one (1) ounce per one (1) gallon of warm tap water (<55°C).
8. Load instrument(s) into the cleaner & sonicate for ten (10) minutes.
9. Remove instrument(s) from cleaner & thoroughly rinse using reverse osmosis/deionized (RO/DI) water for at least one (1) minute.
10. Dry instrument(s) using a clean, soft towel & filtered, pressurized air (20 psi).
11. Visually inspect for soil. Repeat if necessary.

#### Manual Cleaning:

1. Rinse instrument(s) under cool running tap water (< 35 °C) to remove gross soil. Use a sterile syringe to flush water through & around cracks, crevices, & hard to reach areas.
2. Prepare Enzol® solution of one (1) ounce per one (1) gallon of warm tap water (< 55 °C).

3. Fully immerse instrument(s) in the detergent for at least one (1) minute.
4. Use a soft bristle brush as needed to remove soil, paying close attention to threads, crevices, & hard to reach areas.
5. Use a sterile syringe to flush detergent through & around cracks, crevices, & hard to reach areas.
6. Remove instrument(s) from detergent & thoroughly rinse with reverse osmosis/deionized (RO/DI) water for at least one (1) minute. Use a sterile syringe to aid in rinsing.
7. Dry instrument(s) using a clean, soft cloth & filtered, pressurized air (20 psi).
8. Visually inspect for soil. Repeat if necessary.

#### Care and Handling:

- All products should be treated with care. Improper use and handling may lead to damage and possible improper functioning of the device.
- Refer to ASTM standard F1744-96, “Standard Guide for Care and Handling of Stainless Steel Surgical Instruments” for additional information.
- Before use, instruments should be visually inspected, and function should be tested to ensure instruments are functioning properly. If instruments are discolored, have loose screws/pins, are out of alignment, cracked, show excessive wear, or have other irregularities DO NOT use.
- Lubricate instruments to protect instruments during sterilization and storage. This should be done with a water soluble, preserved lubricant after each cleaning. The lubricant should contain a chemical preservative to prevent bacterial growth and be made with distilled water. Excess lubricant should be wiped off prior to storage and sterilization.

#### Inspection:

The implants should be inspected after processing, prior to sterilization. Any implant with damage, corrosion, discoloration, scratches, residue, or debris should be discarded.

#### Limitations and Restrictions:

Repeated sterilization according to these instructions has a minimal effect on ChoiceSpine devices. Sterilization equipment varies in performance characteristics and must be validated accordingly. The sterilizing facility is responsible for the routine validation and monitoring of all equipment, materials and personnel used in their facility to ensure the desired results are achieved. These instructions have been validated as being capable of sterilizing these ChoiceSpine instruments. Any deviations from these procedures must be evaluated for efficacy by the sterilizing facility.

#### Sterilization:

ChoiceSpine instruments are provided non-sterile and must be sterilized prior to use. All packaging materials must be removed prior to sterilization. Instruments are recommended to be steam sterilized by the hospital using the following process parameters (Alternative methods or cycles may be used but should be validated according to hospital practices and procedures): All devices must be placed in appropriate caddy/case prior to steam sterilization.

**Steam Sterilizer Type: Pre-vacuum**  
**Temperature: 132°C**  
**Duration: 4 minutes**  
**Drying Time: 40 minutes**

All devices are to be wrapped in two layers of 1-ply polypropylene wrap (Kimguard KC600 or equivalent) using various wrapping techniques per ANSI/AAMI ST79.

This steam sterilization cycle is not considered by the FDA to be a standard sterilization cycle. It is the end user’s responsibility to use only sterilizers and accessories (such as sterilization wraps or pouches, chemical or biological indicators, and sterilization cassettes) that have been cleared by the FDA for the sterilization cycle specifications (time and temperature). Alternative sterilization methods or cycles may be used but should be validated according to hospital practices and procedures. The use of an FDA cleared wrap is recommended to ensure devices remain sterile prior to implantation.

#### Patient Education:

It is essential to provide preoperative instructions to the patient. The patient should be made aware of the potential risks of the surgery and the implant limitations. The patient should be instructed to limit postoperative activity, as this will reduce the risk of bent, broken or loose implant components. The patient must be made aware that implant components may bend, break, or loosen even though restrictions in activity are followed.

#### Device Retrieval Efforts:

Should it become necessary to remove any or all of the Triton™ Sacroiliac Joint Fixation System components, please call ChoiceSpine at the number below to receive instructions regarding data collection, including histopathological, mechanical, and adverse event information.

#### Surgical Technique Manual:

The Triton™ Sacroiliac Joint Fixation System Surgical Technique Manual is available by contacting ChoiceSpine Customer Service.

#### Product Complaints:

The customer or health care provider should report any dissatisfaction with the product quality, labeling, packaging or performance to ChoiceSpine immediately. Furthermore, if any of the implants “malfunction” (i.e., do not meet any of their performance specifications or otherwise do not perform as intended) and may have caused or contributed to the death or serious injury of the patient, ChoiceSpine should be notified immediately by telephone, fax or written correspondence.

When filing a complaint, the name, part number and lot number of the part should be provided along with the name and address of the person filing the complaint.

#### Caution:

Federal Law (USA) restricts this device to sale by or on the order of a physician.

#### Information:

See choicespine.com for more information.

See choicespine.com/patents/ for patent information.

For product complaints please contact:  
ChoiceSpine, LLC  
Quality/Regulatory Department  
400 Erin Drive  
Knoxville, TN 37919  
Phone: 865-246-3333; Fax: 865-588-4045

For additional product information please contact:  
ChoiceSpine, LLC

**Symbol Legend:**

Symbol	Definition
	Do not reuse
	Caution, consult instructions for use for warnings and precautions
	Consult instructions for use
	Do not use if package is damaged
	Lot number
	Reference number
	Serial Number
	Sterilized by irradiation
	Use by
	Manufacturer
	Date of Manufacture
	Federal law (USA) restricts this device to sale by or on the order of a physician
	Non-Sterile
	European Medical Devices
	Authorized representative in the European Community
	MR Conditional